

Korte-Cross-Run-Bike-Run (±2,5km - ±9,5km - ±1,5km)

Positie	Startnr.	Naam	Woonplaats	Categorie	Positie categorie	Eindtijd	Tussentijd na 1e keer lopen en fietsen	Looptijd 2e keer lopen (± 1,5km)
1	313	Yordi Druijff	Amersfoort	Man	1	00:41:14	00:37:24	00:05:54
2	302	Maarten Beute	Assen	Man	2	00:43:14	00:37:50	00:07:24
3	299	Lars Beijl	Odijk	Man	3	00:45:09	00:39:42	00:07:30
4	312	Tom Engel	Almere	Man	4	00:47:28	00:41:50	00:07:42
5	297	Ida Sanders & Rianne Snel	Austerlitz	Duo	1	00:49:12	00:43:28	00:07:48
6	311	Steven Koenis	Almere	Man	5	00:49:40	00:08:40	00:08:13
7	301	Luc Flipsen	Amersfoort	Man	6	00:50:08	00:44:11	00:07:49
8	292	Bjorn Engel	Almere	Man	7	00:50:44	00:44:38	00:08:04
9	431	Davide Zanirato	Nieuwegein	Man	8	00:52:22	00:46:28	00:08:00
10	310	Sharon Verschelling & Marthe Heitbrink	Amersfoort	Duo	2	00:53:26	00:47:00	00:08:30
11	293	Carlo de Waal & Ageeth de Waal-Sint	Culemborg	Duo	3	00:55:15	00:46:49	00:10:26
12	432	Germijn Heijnen	Utrecht	Vrouw	1	00:55:22	00:48:57	00:08:28
13	434	Linda Beijl	Odijk	Duo	4	00:56:10	00:49:13	00:08:55
14	295	Edwin Koenis	Almere	Man	9	00:57:04	00:48:33	00:10:25
15	296	Eran Boonstra	Zeist	Man	10	01:09:58	01:00:19	00:11:43
16	303	Maartje de Graaf	Zeist	Vrouw	2	01:13:39	01:02:49	00:12:39

Lange-Cross-Run-Bike-Run (±5km - ±19km - ±2,5km)

Positie	Startnr.	Naam	Woonplaats	Categorie	Positie categorie	Eindtijd	1e ronde lopen (± 2,5km)	2e ronde lopen (± 2,5km)	Fietsen + 2 wissels	Laatste loopronde (± 2,5km)
1	428	Wouter Dijkshoorn	Amsterdam	Man	1	01:12:24	00:08:34	00:08:55	00:45:45	00:09:11
2	370	Juul van de Kruis	Utrecht	Man	2	01:13:46	00:08:18	00:08:40	00:47:50	00:09:01
3	325	Björn Vennema	Amsterdam	Man	3	01:14:47	00:08:17	00:08:43	00:48:43	00:09:04
4	369	Joris De Boer	Winkel	Man	4	01:16:55	00:09:11	00:09:46	00:47:57	00:10:03
5	404	Nick Slijkerman	Anna Paulowna	Man	5	01:17:35	00:09:12	00:10:01	00:47:57	00:10:27
6	329	Chris van Wamelen	Hendrik Ido ambacht	Man	6	01:17:39	00:08:55	00:09:26	00:49:41	00:09:38
7	343	Ferdinand Oldeman	Moordrecht	Man	7	01:17:43	00:09:00	00:09:51	00:48:49	00:10:05
8	403	Michiel Markusse	Maarn	Man	8	01:17:47	00:00:04	00:11:04	00:11:34	00:55:05
9	326	Bram de Groot	Zeist	Man	9	01:19:34	00:10:01	00:10:54	00:43:00	00:15:41
10	358	Jard Blokdijk	't Veld	Man	10	01:20:16	00:09:25	00:10:34	00:49:45	00:10:34
11	359	Jasper Kunst	Amersfoort	Man	11	01:20:28	00:09:02	00:09:31	00:52:34	00:09:22
12	363	Jeroen Bakker	Driebergen-Rijsenburg	Man	12	01:21:00	00:08:15	00:08:31	00:55:24	00:08:51
13	418	Steff Overmars	Hilversum	Man	13	01:21:06	00:09:20	00:09:50	00:51:51	00:10:06
14	399	Michael Krijnen	Spanbroek	Man	14	01:21:57	00:09:51	00:10:21	00:51:04	00:10:42
15	364	Jochem Koren	Bussum	Man	15	01:22:51	00:09:48	00:10:44	00:51:21	00:10:59
16	405	Pablo van Hoorn	Amersfoort	Man	16	01:23:10	00:08:45	00:08:57	00:55:49	00:09:41
17	397	Martijn van Gemerden	Vlaardingen	Man	17	01:23:46	00:10:27	00:11:18	00:50:58	00:11:05
18	422	Thijmen polman	Gouda	Man	18	01:24:22	00:09:56	00:11:06	00:52:47	00:10:35
19	374	Kees Boxma	Utrecht	Man	19	01:24:39	00:10:17	00:10:45	00:52:40	00:10:59
20	375	Kim Linstra & Peter de Jongste	Amersfoort	Duo	1	01:25:06	00:09:24	00:09:40	00:56:44	00:09:19
21	347	Gerrit Alkema	Harderwijk	Man	20	01:25:13	00:10:24	00:10:49	00:53:10	00:10:50
22	424	Tim Tolboom	Amersfoort	Man	21	01:25:57	00:09:48	00:10:11	00:55:47	00:10:12
23	384	Lukas van der Zijden	Woerden	Man	22	01:26:05	00:00:03	00:12:25	00:12:56	01:00:42
24	394	Mark de Munter	Rotterdam	Man	23	01:26:23	00:09:28	00:09:46	00:56:42	00:10:29
25	361	Jeroen Smit	Zeist	Man	24	01:27:55	00:10:09	00:10:37	00:56:38	00:10:33
26	353	Holger Wagenaar	Soest	Man	25	01:29:21	00:10:20	00:10:43	00:57:04	00:11:15

27	395	Mark Wesdijk	Nieuwegein	Man	26	01:30:04		00:10:01	00:10:27	00:58:53	00:10:44
28	430	Francesco Zanirato	Nieuwegein	Man	27	01:30:30		00:09:22	00:10:01	01:00:38	00:10:30
29	348	Glenn Sonnemans Ellen Sonnemans	Assen	Duo	2	01:31:01		00:10:06	00:10:58	00:59:29	00:10:30
30	336	Debbie Ammerlaan	Amersfoort	Vrouw	1	01:31:19		00:10:23	00:11:19	00:58:20	00:11:19
31	317	Anne Van Dijk & Henno van Eckeveld	Zeist	Duo	3	01:31:29		00:00:03	00:14:11	00:14:58	01:02:19
32	332	Coen Siezenga	Amersfoort	Man	28	01:31:46		00:00:05	00:12:18	00:12:08	01:07:15
33	393	Marijn Bos	Houten	Man	29	01:32:28		00:10:34	00:11:03	00:59:08	00:11:44
34	366	Joeri van Egmond	Alphen aan den Rijn	Man	30	01:32:31		00:09:59	00:10:19	01:02:15	00:10:00
35	398	Matthijs Hofman	Leersum	Man	31	01:32:35		00:10:24	00:10:59	00:59:33	00:11:40
36	419	Sterre Witteveen	Amsterdam	Vrouw	2	01:32:57		00:10:24	00:11:18	00:59:22	00:11:54
37	380	Leo van Egmond	Alphen aan den Rijn	Man	32	01:33:27		00:12:01	00:12:13	00:57:27	00:11:47
38	402	Michiel Broeksma	Kampen	Man	33	01:33:32		00:10:20	00:11:23	00:59:45	00:12:05
39	377	Lars Aarts	Zwolle	Man	34	01:33:34		00:11:53	00:12:08	00:56:53	00:12:41
40	390	Marco Hijink	Zeist	Man	35	01:33:56		00:10:53	00:11:43	00:58:28	00:12:52
41	429	Jasper van den brink	Utrecht	Man	36	01:34:36		00:10:23	00:10:49	01:02:34	00:10:51
42	334	Dajo Heinen	Oud Loosdrecht	Man	37	01:34:45		00:11:41	00:12:05	00:58:47	00:12:14
43	368	Jonathan Medema	't Goy	Man	38	01:35:35		00:11:19	00:12:02	01:00:45	00:11:31
44	373	Kees van de Wetering	IJsselmuiden	Man	39	01:35:46		00:11:34	00:11:59	01:00:43	00:11:32
45	415	Ron Band	Nieuwegein	Man	40	01:35:51		00:11:58	00:12:31	00:59:38	00:11:44
46	367	Joleen van den Toren	Schiedam	Vrouw	3	01:36:48		00:11:40	00:12:07	01:00:51	00:12:12
47	387	Maarten van den Brink	Eindhoven	Man	41	01:36:55		00:10:36	00:11:23	01:00:09	00:14:48
48	371	Karlo Willemsen	Woudenberg	Man	42	01:37:15		00:11:13	00:11:47	01:01:19	00:12:58
49	342	Femke Tabak	Maarn	Vrouw	4	01:37:28		00:11:38	00:12:17	01:01:25	00:12:10
50	389	marcel makaloey	Vlaardingen	Man	43	01:37:34		00:11:55	00:12:09	01:01:00	00:12:32
51	335	Daniël van Faassen	Zeist	Man	44	01:37:42		00:10:46	00:11:19	01:03:53	00:11:46
52	321	Arnold van der Zwaag	Harderwijk	Man	45	01:37:45		00:11:25	00:12:29	01:00:20	00:13:31
53	407	Paul Versteeg	Amersfoort	Man	46	01:37:57		00:11:30	00:12:29	01:00:05	00:13:55
54	383	Lonneke van Peperstraten	Woerden	Vrouw	5	01:37:59		00:00:01	00:12:31	00:13:06	01:12:22
55	416	Ruud Versteeg	Amersfoort	Man	47	01:37:59		00:11:53	00:12:31	00:59:39	00:13:56
56	354	Ingrid Bakker	Driebergen	Vrouw	48	01:39:05		00:12:27	00:12:58	00:59:53	00:13:48
57	360	Jeroen Schaap & Majorie Koorstra	Maarn	Duo	4	01:39:08		00:10:00	00:10:20	01:08:01	00:10:48
58	323	Bas Van den bos	Leusden	Man	49	01:39:15		00:12:18	00:12:23	01:01:36	00:12:59
59	352	Hessel Brouwer	Hilversum	Man	50	01:39:34		00:10:42	00:11:06	01:06:49	00:10:58
60	340	Edwin van Voorthuizen	Maarn	Man	51	01:40:31		00:11:32	00:11:50	01:05:04	00:12:07
61	284	Frank Koetsier	NB	Man	52	01:40:46		00:13:14	00:13:46	00:59:22	00:14:24
62	285	Casper van de Kamp	NB	Man	53	01:40:50		00:00:02	00:25:36	01:02:04	00:13:09
63	376	Klaartje Nijssen	Amerongen	Vrouw	6	01:41:08		00:13:02	00:12:56	01:02:57	00:12:15
64	427	Wim Boonstra	Zeist	Man	54	01:42:22		00:12:37	00:13:40	01:02:23	00:13:44
65	345	Geert Jan Kommer	Amersfoort	Man	55	01:43:09		00:13:03	00:13:42	01:01:46	00:14:39
66	351	Helga van Hamersveld	Scherpenzeel	Vrouw	7	01:43:31		00:13:27	00:13:42	01:01:59	00:14:25
67	331	Cilvion van den Heuvel	Maarn	Man	56	01:46:55		00:12:09	00:12:18	01:09:12	00:13:18
68	346	Gerard van Wissen	Nieuw-Beijerland	Man	57	01:47:06		00:13:20	00:14:07	01:04:28	00:15:12
69	318	Anneloes Leppers	Veenendaal	Vrouw	8	01:47:12		00:12:26	00:13:01	01:08:44	00:13:04
70	349	H.M. Bronder	Amersfoort	Man	58	01:47:19		00:12:07	00:12:22	01:09:28	00:13:23
71	333	Dagmar Krijnen	Spanbroek	Vrouw	9	01:48:05		00:13:34	00:14:33	01:04:59	00:15:01
72	392	Marije van der Schilden	Alphen aan den Rijn	Vrouw	10	01:49:23		00:12:40	00:13:10	01:09:48	00:13:47
73	433	Marieke ten Tusscher	Amersfoort	Vrouw	11	01:49:29		00:00:03	00:16:19	00:16:19	01:17:55
74	379	Lennard de Gier	Zeist	Man	59	01:49:49		00:12:50	00:14:18	01:08:26	00:14:17
75	411	Robbert Claassen	Naarden	Man	60	01:50:40		00:13:19	00:13:00	01:11:00	00:13:23
76	350	Hans van Wijk	Beneden-Leeuwen	Man	61	01:51:31		00:13:17	00:13:48	01:09:42	00:14:45
77	339	Eddy van der Heiden	Amersfoort	Man	62	01:51:32		00:13:43	00:14:13	01:09:11	00:14:26
78	381	Leonie Rijk	Vlaardingen	Vrouw	12	01:53:16		00:15:16	00:15:55	01:06:54	00:15:12

79	315	Amelie Keulards	Hooglanderveen	Vrouw	13	01:53:38		00:11:48	00:14:01	01:14:34	00:13:16
80	330	Christien van der Zwart	Arnhem	Vrouw	14	01:53:49		00:14:02	00:14:38	01:11:14	00:13:57
81	412	Roel Sentjens	Bussum	Man	63	01:55:46		00:13:22	00:14:16	01:12:49	00:15:21
82	400	Michael fase	utrecht	Man	64	01:58:05		00:15:43	00:16:22	01:08:43	00:17:19
83	324	Becky Miedema	Utrecht	Vrouw	15	02:00:25		00:15:21	00:16:25	01:12:21	00:16:19
84	337	Dieuwertje Woudstra	Amsterdam	Vrouw	16	02:13:03		00:13:31	00:15:12	01:27:17	00:17:05

Korte-Trail-Cross (± 2,5km)

Positie	Startnr.	Naam	Woonplaats	Categorie	Positie categorie	Eindtijd					
1	450	Jarik van de Mast	Amersfoort	Man	1	00:08:23					
2	438	Benjamin Post	Amersfoort	Man	2	00:08:25					
3	469	Thom van der Leest	Amersfoort	Man	3	00:08:29					
4	448	Henry Nicolaas	Amersfoort	Man	4	00:08:54					
5	472	Timo de Raad	Amersfoort	Man	5	00:09:12					
6	444	Dim Petrusma	Amersfoort	Man	6	00:09:13					
7	285	Jorg Bomas	Amersfoort	Man	7	00:09:15					
8	460	Pelle de Raad	Amersfoort	Man	8	00:09:16					
9	459	Oscar Meijer	Amersfoort	Man	9	00:09:18					
10	467	Sven Huijnen	Amersfoort	Man	10	00:09:25					
11	462	Robin van de Mast	Amersfoort	Man	11	00:09:31					
12	449	Ilja van Ekkendonk	Amersfoort	Man	12	00:09:44					
13	446	Finn Speckmann	Amersfoort	Man	13	00:09:49					
14	473	Veron van der Klein	Amersfoort	Man	14	00:10:03					
15	442	Casper Holterhues	Amersfoort	Man	15	00:10:05					
16	468	Thijs Kempe	Amersfoort	Man	16	00:10:06					
17	461	Rebecca Bolwerk	Amersfoort	Vrouw	1	00:10:29					
18	443	Daniël van der Leest	Amersfoort	Man	17	00:10:49					
19	456	Myrthe Vernooij	Amersfoort	Vrouw	2	00:10:50					
20	453	Maartje Rinsema	Amersfoort	Vrouw	3	00:10:51					
21	445	Elin van der Bok	Utrecht	Vrouw	4	00:10:58					
22	455	Milana Oortjes	Voorthuizen	Vrouw	5	00:10:59					
23	465	Sem Mijderwijk	Woudenberg	Man	18	00:11:00					
24	458	Noa Schut	Amersfoort	Vrouw	6	00:11:08					
25	464	Samuel Post	Amersfoort	Man	19	00:11:58					
26	463	Roos van Oostveen	Amersfoort	Vrouw	7	00:12:05					
27	447	Gerard van de Bovenkamp	Ochten	Man	20	00:12:25					
28	438	Anna Brinkmann	Amersfoort	Vrouw	8	00:12:41					
29	436	Oscar Coonen	Amersfoort	Man	21	00:15:07					
30	454	Margo van Oosterhout	Amsterdam	Vrouw	9	00:15:07					
31	466	Siem Schaap	Maarn	Man	22	00:16:24					

Lange-Trail-Cross (± 9,3km)

Positie	Startnr.	Naam	Woonplaats	Categorie	Positie categorie	Eindtijd	1e rondje eiland (± 2,5km)	2e lus (± 4,3km)	2e rondje eiland (± 2,5km)	
1	495	Wijnand van de Bok	Soest	Man	1	00:36:57	00:08:49	00:18:32	00:09:37	
2	491	Michel van de Klein	Bussum	Man	2	00:37:16	00:08:49	00:18:46	00:09:41	
3	480	Jesper de Groot	Vleuten	Man	3	00:41:42	00:09:58	00:21:29	00:10:16	
4	499	Robert Bijl	Amersfoort	Man	4	00:42:02	00:09:48	00:21:38	00:10:37	
5	492	Sandra van de Kieft	Rotterdam	Vrouw	1	00:42:56	00:10:27	00:21:37	00:10:53	
6	488	Mark Holl	Woudenberg	Man	5	00:43:23	00:10:39	00:21:52	00:10:53	

7	477	Ilonka Wolswinkel	Amersfoort	Vrouw	2	00:45:53		00:11:36	00:22:38	00:11:40
8	498	Milou Smellink	Amersfoort	Vrouw	3	00:45:54		00:11:37	00:22:38	00:11:40
9	478	Jacoline van de Klip	Woudenberg	Vrouw	4	00:47:02		00:11:37	00:22:59	00:12:27
10	487	Marit Kok	Veenendaal	Vrouw	5	00:48:04		00:11:26	00:24:23	00:12:16
11	485	Leo Kruit	Blaricum	Man	6	00:48:39		00:12:33	00:23:20	00:12:47
12	479	Jeroen Geurtsen	Baarn	Man	7	00:50:06		00:11:51	00:25:18	00:12:58
13	497	Paulien Rinsema-Jansen	Amersfoort	Vrouw	6	00:52:50				
14	489	Matthijs van der Wel	Hollandsche Rading	Man	8	00:53:32				
15	494	Walter Boerenkamp	Velp	Man	9	00:55:04		00:13:15	00:28:09	00:13:41
17	482	Katja Rasch	Amersfoort	Vrouw	8	00:55:06		00:13:18	00:28:10	00:13:39
16	475	Daniëlle van der Klein	Rotterdam	Vrouw	7	00:57:23				
18	484	Lenore Beerkens	Amersfoort	Vrouw	9	01:01:11		00:14:45	00:30:06	00:16:21
19	490	Michel Nix	Hollandsche Rading	Man	10	01:06:09		00:14:47	00:34:02	00:17:21